ENT SURGICAL CONSULTANTS

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NASAL DILATORS (4/14)

Introduction

The nostril region of the nose is a frequent site of nasal obstruction in patients. This nasal valve region and its surrounding area can be compromised by many changes including:

- Septal deviation
- · Common cold, hayfever, nasal allergy
- · Scarring from burns, surgery or trauma
- Bell's palsy or stroke
- Aging of the nasal skin and cartilages
- Cosmetic nasal surgery.

There are surgical procedures that can correct these problems. Alternatively there are many mechanical therapeutic devices on the market, which may be beneficial.

Breathe Right External Nasal Dilator

Available at most pharmacies, approximately \$7.00 for a box of 10800-858-6673

Breathe EZTM

Stainless steel alloy wire formed as a looped spring, which is flexible, collapsible and self expanding (available in small, medium and large), \$14 per pair

718-498-1686, 718-385-3294 (fax)

Nose Brace®

Custom made of surgical stainless steel and cadmium – free silver brazing, Custom made requiring fitting by a medical doctor \$150 one side, \$210 both sides

800-284-6673

Quiet Night®

Physician dispensed device, approximately \$11.20 each, needs replacement after 3 months of use. Soft silicone pads gently open the nasal valve to improve patency. 800-942-5227, www.hoodlabs.com

Nose Works®

Reusable device which passively opens the nasal valve to allow nasal patency. No adhesives or springs. www.noseworks.com

Sinus Cones®

Physician dispensed device, approximately \$19.95 each plus S&H, Soft silicone pads, which gently opens the nasal valve to allow nasal patency. 978-922-2008 www.sinuscones.com