

ENT SURGICAL CONSULTANTS

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NASAL DILATORS (7/13)

Introduction

The nostril region of the nose is a frequent site of nasal obstruction in patients. This nasal valve region and its surrounding area can be compromised by many changes including:

- Septal deviation
- Common cold, hayfever, nasal allergy
- Scarring from burns, surgery or trauma
- Bell's palsy or stroke
- Aging of the nasal skin and cartilages
- Cosmetic nasal surgery.

There are surgical procedures that can correct these problems. Alternatively there are many mechanical therapeutic devices on the market, which may be beneficial.

Breathe Right® External Nasal Dilator

Available at most pharmacies, approximately \$7.00 for a box of 10
800-858-6673

Breathe EZ™

Stainless steel alloy wire formed as a looped spring, which is flexible, collapsible and self expanding (available in small, medium and large), \$14 per pair
718-498-1686, 718-385-3294 (fax)

Nose Brace®

Custom made of surgical stainless steel and cadmium – free silver brazing, Custom made requiring fitting by a medical doctor
\$150 one side, \$210 both sides
800-284-6673

Quiet Night®

Physician dispensed device, approximately \$11.20 each, needs replacement after 3 months of use.
Soft silicone pads gently open the nasal valve to improve patency.
800-942-5227, www.hoodlabs.com

Nose Works®

Reusable device which passively opens the nasal valve to allow nasal patency. No adhesives or springs.
www.noseworks.com

Sinus Cones®

Physician dispensed device, approximately \$19.95 each plus S&H,
Soft silicone pads, which gently opens the nasal valve to allow nasal patency.
978-922-2008 www.sinuscones.com