

## ENT SURGICAL CONSULTANTS

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## NASAL DILATORS (11/08)

### Introduction

The nostril region of the nose is a frequent site of nasal obstruction in patients. This nasal valve region and its surrounding area can be compromised by many changes including:

- Septal deviation
- Common cold, hayfever, nasal allergy
- Scarring from burns, surgery or trauma
- Bell's palsy or stroke
- Aging of the nasal skin and cartilages
- Cosmetic nasal surgery.

There are surgical procedures that can correct these problems. Alternatively there are many mechanical therapeutic devices on the market, which may be beneficial.

### ***Breathe Right®* External Nasal Dilator**

Available at most pharmacies, approximately \$7.00 for a box of 10  
800-858-6673

### ***Breathe EZ™***

Stainless steel alloy wire formed as a looped spring, which is flexible, collapsible and self expanding (available in small, medium and large), \$14 per pair  
718-498-1686, 718-385-3294 (fax)

### ***Nose Brace®***

Custom made of surgical stainless steel and cadmium – free silver brazing, Custom made requiring fitting by a medical doctor  
\$150 one side, \$210 both sides  
800-284-6673

### ***Quiet Night®***

Physician dispensed device, approximately \$11.20 each, needs replacement after 3 months of use.  
Soft silicone pads gently open the nasal valve to improve patency.  
800-942-5227, [www.hoodlabs.com](http://www.hoodlabs.com)

### ***Nose Works®***

Reusable device which passively opens the nasal valve to allow nasal patency. No adhesives or springs.  
[www.noseworks.com](http://www.noseworks.com)

### ***Sinus Cones®***

Physician dispensed device, approximately \$19.95 each plus S&H,  
Soft silicone pads, which gently opens the nasal valve to allow nasal patency.  
978-922-2008 [www.sinuscones.com](http://www.sinuscones.com)