The following checklist will assist in determining the cause of your hearing and balance problem. Please read each item carefully and check only those factors that apply to you or your family.

### Problem
- Hearing loss
  - Side: Right, left, or both ears? (circle)
  - Type: Constant or fluctuating? (circle)
  - Onset: Gradual or sudden? (circle)
- Noise or ringing in the ear
  - Side: Right, left, or both ears? (circle)
  - Pitch: High, medium or low? (circle)
  - Characteristics: Pulsating or steady? (circle)
  - Type: Bothersome or not bothersome? (circle)
  - Onset: Gradual or sudden? (circle)
- Dizziness
- Vertigo or spinning sensation
- Imbalance
- Disequilibrium
- Lightheadedness
- Motion sickness
- Staggering when walking
- Fainting, loss of consciousness, or blackout
- Sensation that an attack is about to start
- Duration of each attack or spells:
  - 
  - 
- How often are the attacks or spells?:
  - 
  - 
- Date when the attacks or spells began?:
  - 

### Above Symptoms Associated With ...
- Head positional changes
- Sweating
- Spots before the eyes
- Meningitis
- Headache
- Plugging or fullness in the ears
- Measles, mumps, diptheria, scarlet fever, or whooping cough in the past
- Nausea
- Measles
- Vomiting
- Noisy hobbies (hunting, target shooting, firearm usage, flying, auto racing, bandplaying or motorcycle use)
- Worsening with menstrual periods
- Increased stress in your life
- Heart disease
- A recent flu or cold
- A recent ear or mastoid infection
- Syphilis
- Recent head or neck injury
- High blood pressure
- Recent ear injury
- Anemia or sickle cell anemia
- Recent spinal tap, lumbar puncture or epidural procedure
- Thyroid disease

### Personal Medical History
- Previous head or neck surgery
- Previous ear or mastoid surgery
- Hearing aid use
- Meningitis
- Noise exposure (factory, construction, military, explosions, motorized tools, chainsaw, farm machinery, loud music, etc)
- Use of Lasix, aspirin, intravenous antibiotics, quinine, neomycin, streptomycin, or chemotherapy agents in the past few months
- Recent minor or major surgery
- Recent anesthesia
- Associated with heavy lifting, straining, exercise, or exertion
- Recent barometric pressure change (airplane flight, altitude, nose blowing)
- Recent scuba diving
- Recent head or neck injury
- Recent ear injury
- Recent spinal tap, lumbar puncture or epidural procedure
- New medications (Please list)
  - 
  - 
  - 
  - 
  - 

### Family History
- Other family members with hearing loss before age 50