

ENT SURGICAL CONSULTANTS

HEARING & BALANCE QUESTIONNAIRE IN ADULTS (7/13)

Name _____ Date _____

The following checklist will assist in determining the cause of your hearing and balance problem. Please read each item carefully and check *only* those factors that apply to you or your family.

Problem

- Hearing loss
 - Side: Right, left, or both ears? (circle)
 - Type: Constant or fluctuating? (circle)
 - Onset: Gradual or sudden? (circle)
- Noise or ringing in the ear
 - Side: Right, left, or both ears? (circle)
 - Pitch: High, medium or low? (circle)
 - Characteristics: Pulsating or steady? (circle)
 - Type: Bothersome or not bothersome? (circle)
 - Onset: Gradual or sudden? (circle)
- Dizziness
- Vertigo or spinning sensation
- Imbalance
- Disequilibrium
- Lightheadedness
- Motion sickness
- Staggering when walking
- Fainting, loss of consciousness, or blackout
- Sensation that an attack is about to start
- Duration of each attack or spells:

- How often are the attacks or spells?:

- Date when the attacks or spells began?:

Above Symptoms Associated With ...

- Head positional changes
- Sweating
- Spots before the eyes
- Headache
- Plugging or fullness in the ears
- Nausea
- Vomiting
- Worsening with menstrual periods
- Increased stress in your life
- A recent flu or cold
- A recent ear or mastoid infection
- Recent head or neck injury
- Recent ear injury
- Recent spinal tap, lumbar puncture or epidural procedure

- Recent minor or major surgery
- Recent anesthesia
- Associated with heavy lifting, straining, exercise, or exertion
- Recent pressure change (airplane flight, altitude, barometric pressure change, nose blowing)
- Recent scuba diving
- Extreme loud noise exposure (factory, construction, military, explosions, motorized tools, chainsaw, farm machinery, loud music, etc)
- Use of Lasix, aspirin, intravenous antibiotics, quinine, neomycin, streptomycin, or chemotherapy agents in the past few months
- New medications (Please list)

Personal Medical History

- Previous head or neck surgery
- Previous ear or mastoid surgery
- Hearing aid use
- Meniere's disease
- Allergies (Inhalants, food, chemicals)
- Meningitis
- Measles, mumps, diphtheria, scarlet fever, or whooping cough in the past
- Noisy hobbies (hunting, target shooting, firearm usage, flying, auto racing, bandplaying or motorcycle use)
- Diabetes
- Lupus
- Rheumatoid arthritis
- Connective tissue or autoimmune disease
- Hardening of the arteries
- Heart disease
- Syphilis
- High blood pressure
- Anemia or sickle cell anemia
- Thyroid disease

Family History

- Other family members with hearing loss before age 50